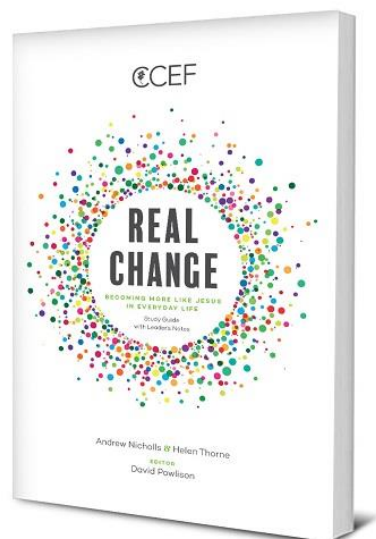


## Real Change



All of us, whatever our stage of life and faith have areas in our lives which need transforming.

What is it for you? Do you find you responding in unhelpful ways to situations or people out of habit and long for change? Maybe you tend towards anger or impatience, or towards anxiety, jealousy or discontent. Some of us struggle with addiction, for some fear of what people think is a daily burden and all of still harbour a measure of pride in our hearts. Wonderfully God does not leave us this way, He promises to work with us patiently in the very place of honest struggle with sin and affliction and He changes us in ways that are truly beautiful, and which bring freedom and hope.

It will involve discussion as a group, pair work and we strongly encourage you to be committed to the five weeks so that you can really benefit from the course.

Come along and join us! Real Change will help you understand how God is at work in our lives. You will reflect on your own heart, on life's hardships and on God's mercies. We won't be perfect at the end of the course, but we will begin to be moving towards the Lord in our area of struggle and I hope we will all have the privilege of receiving His help.

Please do contact Joanna Hill at [joannahill@barnston.info](mailto:joannahill@barnston.info) if you have any questions.